

8.Safety Rules on the Road and First-Aid

A. WRITE TRUE OR FALSE (PAGE NO:8)

Question 1: We should always run across the road to save time.

Solution: False

Explanation: Running on the road is dangerous. We should walk carefully.

Question 2: A red traffic light means we must stop.

Solution: True

Explanation: Red light tells vehicles to stop.

Question 3: First-aid is given after the doctor has treated the patient.

Solution: False

Explanation: First-aid is given before the doctor comes.

Question 4: We should wear a helmet when riding a bicycle.

Solution: True

Explanation: A helmet protects our head from injuries.

Question 5: The emergency number for ambulance in India is 102.

Solution: True

Explanation: 102 is the ambulance emergency number.

B. FILL IN THE BLANKS

Question 1: We should always walk on the _____.

Solution: Footpath

Explanation: The footpath is made for pedestrians to walk safely.

Question 2: A _____ crossing is a marked area where pedestrians can cross safely.

Solution: Zebra

Explanation: Zebra crossings help people cross the road safely.

Question 3: _____ cream is applied to prevent infection in wounds.

Solution: Antiseptic

Explanation: Antiseptic cream kills germs and prevents infection.

Question 4: Traffic police use _____ and hand signals to direct vehicles.

Solution: Whistles

Explanation: Whistles help control traffic and alert drivers.

Question 5: Before crossing the road, look to the right, then to the _____, and then to the right again.

Solution: Left

Explanation: Looking both ways helps us cross safely.

C. Answer the following questions.(PAGE NO : 9)

Question 1: What are the three colours of traffic signals and what do they mean?

Solution:

Red – Stop

Yellow – Wait

Green – Go

Explanation: Traffic lights guide vehicles and keep the roads safe.

Question 2: Why is it important to wear a seat belt in a car?

Solution: It keeps us safe and prevents injuries.

Explanation: A seat belt protects us when the car stops suddenly.

Question 3: Name any five items found in a first-aid box.

Solution: Cotton, bandages, antiseptic cream, scissors, band-aids.

Explanation: These items help treat small injuries quickly.

Question 4: What should you do if someone has a nosebleed?

Solution:

Make them sit

Lean forward

Pinch the nose gently

Explanation: This helps stop bleeding and prevents choking.

Question 5: Why should we never play on the road?

Solution: Because vehicles move fast and accidents can happen.

Explanation: Playing on the road is unsafe and can cause injuries.

D. UNDERSTAND THE PICTURE



Question: Identify the traffic sign and explain what it means. Why is it important to follow this sign?

Solution:

The picture shows a traffic signal with three lights — Red, Yellow, and Green.

Red Light – STOP

Yellow Light – GET READY / WAIT

Green Light – GO

Explanation:

Traffic signals help control the movement of vehicles and people on the road.

Following these signals is important because it:

- i) Prevents accidents
- ii) Keeps drivers and pedestrians safe
- iii) Helps traffic move smoothly
- iv) Avoids confusion on the road

By obeying traffic lights, everyone stays safe and reaches their place on time.